

DattaMeghe Institute of Higher Education and Research Centre

Report of Alumni Guest Lecture

Organized by

**Alumni Association of JNMC, SPDC, MGAC , RNPC &
SRMMCON**

Organize a guest lecture

Topic – “Foundation in Self Belief ”

Date - 17 /10 /2023

Venue – Auditorium

DattaMeghe institute of Higher Education and Research Centre in and Alumni Association of all constituent colleges Jawaharlal Nehru Medical College, SharadPawar Dental College, Mahatma Gandhi Ayurved College and Ravi Nair Physiotherapy College and Nursing college organized one day guest lecture on Topic - **Foundation in Self Belief** on 17thOctober 2023 in auditorium . The guest speaker for the event was **Dr. Ruchi Mishra** is a Clinical hypnotherapist (CIHyp) , RTT Associate (RTTA) , Trauma informed Therapist , MBBS ,MS Ophthalmology , GMC , UK she was alumni from Jawaharlal Nehru Medical College from batch 2008

The Inaugural function was started by the lamp lighting and after that Dr RuchiMishra , Dr Ashutosh Sharma, Hon,ble Dr Vedprakash Mishra sir , Hon,ble Pro – Vice chancellor Dr Gaurav Mishra, Hon,ble Registrar Dr . Sweta Kale Pisulkar , Respected Vice dean and Convenor of Alumni cell Dr Aditya Patel sir all were felicitated by Dr.Anuja Ikhhar with Withganeshmurti, shawl , shrifal after that felicitation of all co – convenor of Alumni of respective

colleges started Dr.SandipIratwar (JNMC) , Dr ShwetaSedani (SPDC), Dr.SnehalSamala (RNPC) , Dr PratibhaWankhede (SRMMCON) and Dr SnehaVidhate (MGACH) . Then The convenor of Alumni Cell Dr .Aditya Patel Sir introduce to our respected Alumni Guest speaker Dr Ruchi Mishra for her immense work in clinical hypnotherapy & Dr Ashutosh Sharma (Membership of Royal College of Physicians (UK) Diploma in Tropical Medicine and Hygiene (London School of Tropical Medicine) and many more . The lecture started very enthusiastically. Around 240 students 10faculties were attended session in auditorium. The session started with importance of mental stress in life how to balance the professional and health care mental satisfaction. She gave testimonial message to students about how the patients were satisfied after counselling and found improvement in mental health. She mainly focused on aspect of layers we have learned to drape to cover the innate shine of our inner diamond our uniqueness our true, authenticate self.She was also mentioned about the meditationand at the end of the session she delivered thanks to institute her faculties and all alumni In charges. After that opened discussion was started for students and faculties among faculties had some question which was answered by Dr Ruchi Mishra. The session was continued for one hour after that the valedictory function was start where dr. RuchiMishra felicitated by all dignitaries on dies with momentous and appreciation certificate. After session over students going back to their constituent colleges.



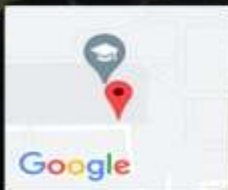
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